

KIM JOHANCEN, LPC
LICENSED PROFESSIONAL COUNSELOR & CONSULTANT
kimjohancen@yahoo.com (970) 946-8737

PROFILE

Senior level counselor and business owner with extensive experience in mental health treatment planning and implementation, assessment of individual and group strengths and resiliencies, group process improvement, presenter and trainer, counselor education and supervision, crisis intervention, writing and publication. Deep understanding of human development across the life span, communication styles, personal transformation, and customer service.

EXPERTISE

- Extensive experience transforming personal vision and goal attainment ideas into action plans in both individual and group settings
- Conflict resolution expert, including evaluation of individual and group needs, mediation, and negotiation practices
- Consultant to agencies and businesses addressing specific needs, employee motivation, and moving change theory into action
- Clinical supervisor to graduate level interns, practicum students, licensed and unlicensed therapists
- Strength based and resiliency facilitation in both small and large groups
- Customer satisfaction expertise including how to implement, strengthen and maintain client engagement throughout service delivery
- Problem-solving expertise in both small and large groups including group process facilitation, cultivating group cohesiveness, maintaining balance between individual and group needs
- All aspects of mental health first aid including crisis intervention, prevention, and post for both individuals and groups
- Numerous publications and presentations on how to create personal growth and advancement and how to shift focus from problem oriented thinking to solution oriented thinking

PROFESSIONAL HISTORY

Kim Johancen, LPC

2008 – present

Owner

Enhancing individual and group effectiveness through treatment planning and facilitation, consulting for community based agencies and businesses for the purpose of bettering treatment protocols.

- Established a private practice counseling business working with individuals, families, and groups creating personal action plans working toward personal goal attainment. Offering a variety of therapeutic modalities and therapies including reintegration therapy.
- Overseeing group practice that includes multiple providers and mental health practices. Hiring and supervising both clinical and non-clinical contracted staff members.
- Overseeing training program for graduate level interns from counseling programs throughout Colorado with another therapist who has an established practice. Offering case consultation, individual supervision, business consultation, and training.
- Consulting to agencies and businesses creating crisis intervention protocols and networking agencies and individuals with each other in order to promote more comprehensive community based treatment implementation
- Supervising other providers/graduate students about how to grow personal business, establish effective management practice, and offer effective service delivery.
- Presenting at several agencies and conferences both locally and nationally designed to create better treatment facilitation and management for first responders, therapists, medical treatment providers, care givers, researchers, educational staff, and faculty
- Publishing numerous articles for the American Counseling Association (ACA) targeting therapists working with challenging issues for both clients and providers, treatment buy in, and client motivation
- Serving as an active board member for various coalitions throughout the state targeting better services and delivery to both urban and rural communities, organizing presentations and panel discussions around

community based services, and how to strengthen mental health networks in order to implement more comprehensive service

Fort Lewis College Counseling Center**2008 to 2011***Assistant Training Director**Senior Counselor and Supervisor*

- Created training curriculum for Master's level graduate students covering a variety of mental health treatment protocols, change theory, motivational strategy, and how to maintain personal health while working under high stress conditions
- Presented suicide prevention model I created about the first interview with the suicidal patient at Stony Brook University in New York after receiving an invitation by the International Society on the Study of Self-Injury (ISSS) (Presented along with known experts in the field)
- Trained and supervised therapists/graduate level interns and residential staff and faculty on how to engage individuals, attain service buy-in, and offer effective service delivery
- Assisted Training Director with conducting weekly intake meetings, therapist assignments, and program development with interns/practicum students
- Offered community based trainings while working at Fort Lewis through Living Works (Applied Suicide Intervention Skills Training) with individuals interested in learning specific suicide prevention and intervention strategies, giving participants opportunity to practice skills during the trainings and offering feedback to individual about prevention skills
- Crisis intervention for Fort Lewis College during on-call rotations including assessments, activating campus wide crisis team, and hospitalizations
- Worked with individuals and groups promoting healthy campus living, a focus on future career planning, life skills integration, and personal growth and empowerment
- Delivered extensive substance abuse and mental health evaluations, made treatment recommendations, implemented treatment plans and protocols

La Plata County Human Services**2001 to 2009***Clinical Consultant**Program Development Team Member**Senior Therapist*

- Worked with agency employees around specific treatment challenges, educated staff about the impact of complicated grief and loss and how to achieve better customer service
- Worked on team to create an intensive outpatient program called the Summit Program for high-risk adolescents at Durango High School. Responsibilities involved identifying the specific needs of adolescents in the community and collaborated with staff and faculty from other agencies including the Board of Cooperative Education Services (BOCES), Durango High School, and AXIS Mental Health System
- Created therapist protocol for Summit Program therapists in regards to crisis intervention, on-call responsibilities, and service delivery for La Plata County Human Services
- Created after care program protocol for adolescents exiting the Summit Program in order to ensure treatment success and continuity
- Presented Summit program model at Harvard University after receiving an invitation from the Matthew Nock, the head of the International Society on the Study of Self-Injury (ISSS). Presented to top researchers from all over the world that research the field of self-injury
- Published chapter on the Summit Program after receiving an invitation by Matthew Selekman (well known self-injury expert and author) asking me to contribute to his latest book on working with young adults and adolescents engaged in self-injury from a strengths based perspective
- Event planner for a large conference for close to 600 people focusing on how to work with adolescents and young adults engaged in self-injury and suicidal behaviors. This involved extensive outreach, marketing, material distribution, and hiring several vendors from the area for the conference
- Provided direct mental health services for adolescents and families enrolled in the Summit Program, facilitated trauma recovery groups for adolescents enrolled in the program

DeNier Youth Corrections Facility

1999 to 2001

Facility Counselor

- Worked with incarcerated youth including transition in and out of facility, daily living and life skills, monitored and encouraged positive peer culture in both small and large group settings
- Created case management protocol for facility and delivered case management services to youth and families while they were in program, identifying needs, and focusing on exit plans and future goal plans
- Counseled youth by implementing strengths based paradigms, change theory, trauma recovery, and motivational interviewing techniques

Cleo Wallace Residential Center

1996 to 1999

Adolescent Female Residence Staff

- Assisted adolescents with daily living, life skills, crisis intervention, prevention strategies, and interpersonal skills training
- Conducted groups with residents designed to strengthen group cohesiveness and personal accountability

EDUCATION

Master of Arts in Marriage and Family Counseling
University of Colorado at Denver

May 2000

Bachelor of Arts in English and Sociology (Minor in Writing)
Honors
University of Northern Colorado

May 1994

LICENSE

Licensed Professional Counselor (LPC)
Colorado

2002 to Present

CERTIFICATIONS

Johancen

Counselor and Consultant

EMDRIA Certified EMDR Therapist

2019 to Present

Brainspotting Certified Therapist

2021 to Present

Brainspotting Consultant in Training (CIT)

2023 Pending

PROFESSIONAL PRESENTATIONS AND PUBLICATIONS

PLEASE CONTACT ME FOR FULL LIST